



# The Building Safety Group

## Your Partners in Health, Safety & Environmental Welfare



The Building Safety Group

### Occupational Health Training Programme

The Building Safety Group's (BSG) Occupational Health training programme has been developed to help ensure construction companies become and remain compliant with UK legislation.

Our one day course is specifically tailored for senior management and professionals who are responsible for the occupational health of their workforce. The course will also be beneficial for people working in HR or Administrative roles, who become involved in collecting Occupational Health data about employees.

During the course, BSG's expert trainer will take you through our Occupational Health procedure guide step by step, so that the guide can be directly applied to your business.

#### What you will learn

By attending BSG's course you will be able to;

- Understand your legal duties and responsibilities for the Occupational Health of your workforce
- Identify who in your company is at risk by creating an 'Occupational Health Matrix' of your employees
- Learn how to set up a Health Management programme that will evaluate the existing health conditions in your business
- Make recommendations for changes to your procurement procedures and supply chain
- Learn the best way to initiate a group consultation with your workforce to explain the importance of Occupational Health
- Develop your own Health support mechanism by applying BSG's toolkit which includes self-assessment questionnaires, consultation feedback forms and tool box talks
- Use BSG's Occupational Health procedure guide for your company
- Use the correct Health Surveillance forms for your workforce
- Select an appropriate Occupational Health provider which is best suited to your business
- Learn how to create your own Operative Occupational Health Database
- Use our Stress Management Indicator Tool

Occupational Health Services

Regular Site Inspections

Site Inspection Reports

Non-Compliance Reporting

Accident Reporting

CDM Compliancy

Risk Management Tools

Annual Health Check

Accident Investigation

Training Courses

SSIP Assistance

Member Helpline

Toolbox Talks

Fire Risk Assessments

Health and Safety Audits

Annual Office Inspections

Environmental Advice

UK Coverage

Online Accident Statistics

Dedicated Safety Adviser

## Course Materials

The following course materials will be provided to all participants:

- BSG Occupational Health Procedure Guide
- Occupational Health matrix which can be customised for your business
- Self-assessment questionnaires for distribution to your workforce
- Health Surveillance form templates
- Consultation feedback form templates for your staff to complete
- BSG Occupational Health Course PowerPoint for future reference
- Contact details of local Occupational Health Practitioners, appropriate for your company

\* all course materials are provided in hard copy and / or electronic MS Office format.

## Course Fees

BSG Members: £425 + VAT

Non Members: £489 + VAT

Course fees include all course materials as above, certification and lunch.

## Dates available

- Wednesday 27th February 2019 (Bristol)
- Thursday 14th March 2019 (Midlands)
- Thursday 21st March 2019 (Exeter)
- Wednesday 10th April 2019 (Bristol)
- Wednesday 12th June 2019 (Bristol)
- Wednesday 11th September 2019 (Bristol)
- Wednesday 20th November 2019 (Bristol)

## Venue

BSG South West Training Centre - 5 Pinkers Court, Briarlands Office Park, Bristol BS35 3QH

## Group bookings

BSG can run this course at your organisation. If you have a group of 6 or more employees requiring training, we can run this course on a private basis, at a venue of your choice on a date that suits you. We can tailor the course to meet your specific needs and requirements. Contact us to find out more and get a bespoke quote.

## How to book

Book your place by calling our training services team:  
Tel: 0300 304 9080 Email: [training@BSGlimited.co.uk](mailto:training@BSGlimited.co.uk)

## Occupational Health: Facts and Figures

### Ill health

HSE estimates that there are 1.2 million cases of ill health annually, caused or made worse by work, with 22.3 million working days lost due to work-related illness.

Stress, depression or anxiety and musculoskeletal disorders accounted for the majority of days lost due to work-related ill health, 9.9 and 9.5 million days respectively.

Around 80% of new work-related conditions were either musculoskeletal disorders, stress, depression or anxiety.

### Cost

27.3 million working days are lost annually due to work-related injury and illness. The cost to British employers of health and safety failure was estimated to be £2.8 billion in 2013/14.

### Penalties

Those found guilty in a magistrate's court of health and safety offences can face fines of up to £20,000 and/or up to 12 months imprisonment. Conviction in a Crown Court can result in an unlimited fine and/or a period of imprisonment of up to two years.

## About BSG

The Building Safety Group (BSG) is a not for profit organisation which specialises in providing Health and Safety advice to the construction industry. We support over 800 members who operate across 3500 workplaces throughout the UK.

Put simply we are the largest Health and Safety consultancy of our kind and recognised as the UK's leading experts in construction safety. We aim to provide the highest standard of service at a more competitive cost.

## What BSG members say about us

*"With health and safety at the forefront of all that we do, our membership of the Building Safety Group is invaluable to us. The service is first class and is delivered by consummate professionals who are totally in tune with our needs and requirements."* **Pearce**

### Construction (Barnstaple) Ltd

*"City & Country is rapidly expanding as a business and we needed a Health and Safety partner that could provide us with national coverage. This is why we selected the Building Safety Group (BSG), who have a UK network of Health and Safety resources that can support our needs as we grow."* **City & Country**